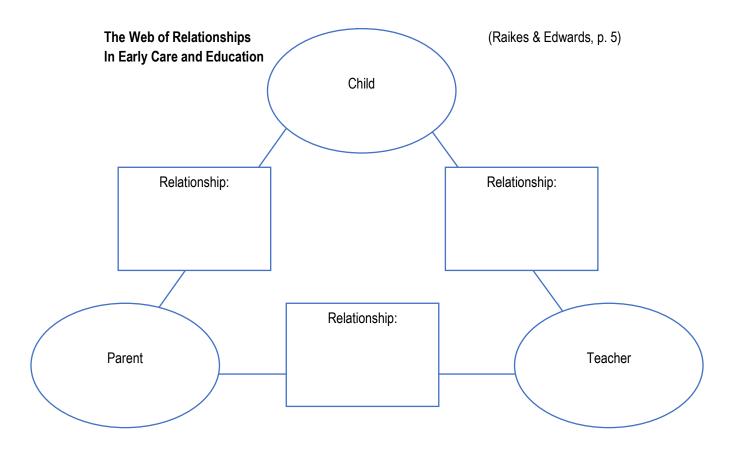
# **Building Stronger Programs: Relationships Are the Key!**

# **Learning Objectives:**

- ✓ Identify benefits of responsive relationships for children, adults and programs
- ✓ Describe the 3 components of relationship-based care
- ✓ Develop a plan to enhance the web of relationships among teachers, children and families



# The Importance of Responsive Relationships

# ADULT-CHILD RELATIONSHIPS - BENEFITS TO CHILDREN

# What Brain Research Tells Us:

"The most important thing children need to thrive is to live in an environment of *relationships* that begins in their family but also extends out to include adults that are not family members in their child care centers and other programs."

(http://developingchild.harvard.edu/resources/multimedia/videos/theory\_of\_change)

#### BUILDING STRONGER PROGRAMS: RELATIONSHIPS ARE THE KEY!

) E	Better social-emotion	onal development:					
C	Good	interactions	0	Lower symptoms of	and		
C	Later positive r	relationships with teachers and peers		depression			
C	Higher level	skills	0	Lower levels of aggression			
C	Better frustration	Better frustration tolerance					
> <b>B</b> (	etter cognitive and language development and later school achievement:						
C	Improved atter	ntion skills	0	School readiness			
C	Higher	scores	0	Young children's	in school		
0	Advanced language and literacy skills		0	Higher levels of competence in elementary school			

# ADULT-CHILD RELATIONSHIPS - BENEFITS TO ADULTS

"Teachers who had high-quality relationships with their students had 31 percent fewer discipline problems, rule violations, and related problems over a year's time than did teachers who did not have high-quality relationships with their students." (Marzano, & Marzano, p. 6)

# **BENEFITS OF ADULT-ADULT RELATIONSHIOPS**

Parent-Teacher Relationships	Teacher-Teacher Relationships	Parent-Parent Relationships	Teacher-Director Relationships

# Strategies for Prioritizing Relationships

Use Connecting Activities	
Low ratios & small group sizes	
Primary caregiving	
Continuity of care	
Smooth transitions	
Schedules that prioritize relationships	
Building a caring community	

#### RESOURCES

- Baker, A.C. & Manifretti/Peditt, L.A. (2004). Relationships, the heart of quality care: Creating community among adults in early care settings. Washington, CD: National Association for the Education of Young Children.
- Building better beginnings: Improving Texas child care standards. (2010). Texas Association for Infant Mental Health. https://www.yumpu.com/en/document/view/30810514/building-better-beginnings-improving-texas-child-care-standards
- Forrester, M. M. & Albrecht, K. M. (2014). Social emotional tools for life: An early childhood teacher's guide to supporting strong emotional foundations and successful social relationships. Houston: Innovations in ECE Press.
- Marzano, R.J. & Marzano, J.S. (2003). The key to classroom management. Educational Leadership 61(1) 6-13.

https://www.researchgate.net/profile/Robert-

- Marzano/publication/283749466 The Key to Classroom Management/links/56f26c0908aed354e57293d3/The-Key-to-Classroom-Management.pdf
- National Scientific Council on the Developing Child. (2004). *Young children develop in an environment of relationships.* Working Paper No. 1. Retrieved from <a href="http://www.developingchild.net">http://www.developingchild.net</a>
- Raikes, H. H. & Edwards, C. P. (2009). Extending the dance in infant and toddler caregiving: enhancing attachment and relationships. Baltimore, MD: Paul H. Brookes Publishing Co., Inc.
- Sosinsky, L. et al. (May 2016). *Including relationship-based care practices in infant-toddler care: Implications for practice and policy.* Network of Infant/Toddler Researchers. https://files.eric.ed.gov/fulltext/ED606686.pdf
- The role of relationships in early childhood education. 2012. Young Children 67 (5): 10-51. [See pages 50-51 for additional resources]
- The Importance of Teacher-Child Relationships in Head Start [Note: I couldn't locate the original resource used. I did find a helpful webinar at https://eclkc.ohs.acf.hhs.gov/video/infanttoddler-teacher-time-episode-3]