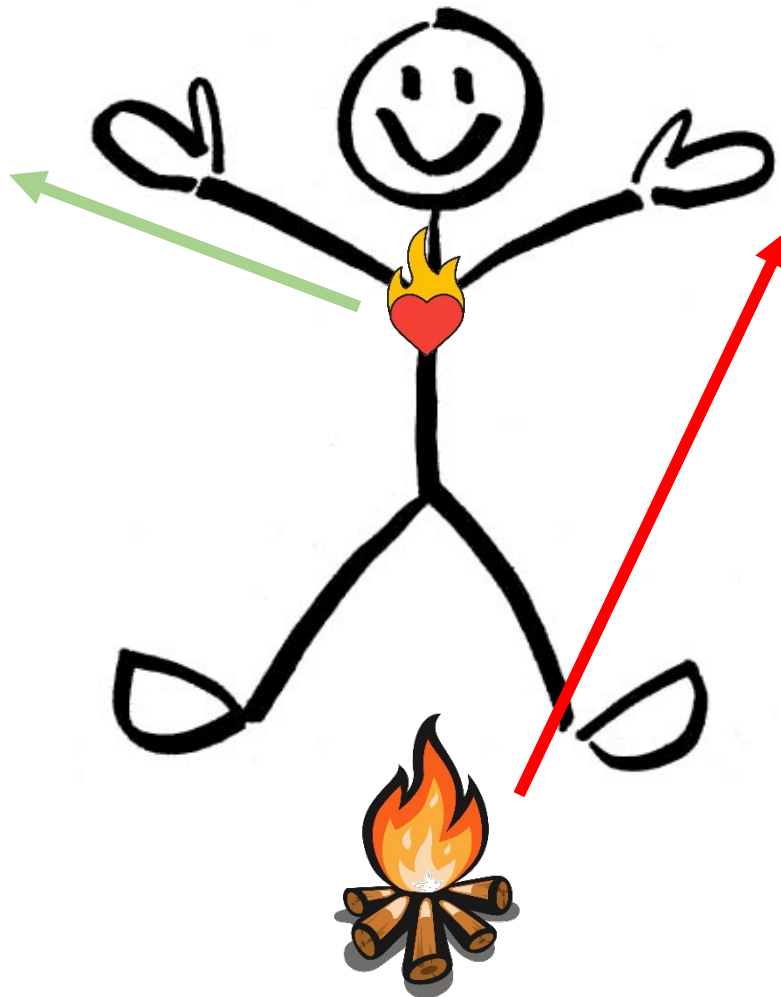




Managers light a fire under people; leaders light a fire in people. ~ Kathy Austin

FIRE INSIDE



FIRE UNDER

WHO DO YOU WANT ON YOUR TEAM?

LIGHTING THE FIRE IN OTHERS

The Science

It said that if a leader shows interest in employees, supports them, and praises them genuinely, the leader is essentially "injecting" serotonin into the employee's brain. Serotonin is the chemical that makes us feel good. It opens our minds to new ideas and creates a desire to support others. Serotonin leads to enhanced levels of motivation.

Likewise, a leader can inadvertently "inject" the chemical cortisol into an employee's brain by treating the employee unfairly or by diminishing the efforts of the employee. In turn, the cortisol leads the employee to shut down any willingness to help or to be open to new ideas. It's a de-motivator.

Set an Inspired Example

Setting an example is not the main thing in influencing others. It is the only thing. ~Albert Einstein

Who we are...our attitudes, priorities, and actions...have much more impact than our words. Understanding how we are inspired gives us insight that can help us inspire others.

- 💡 When you think of a leader who has inspired you, what attitudes, priorities, and actions impacted your leadership most and why?

To Grow Them, You Have to Know Them

Everyone is worthy of your time and attention.

1

NOTICE

2

ACKNOWLEDGE

3

APPRECIATE

4

REPEAT

“I see you. I hear you. I care.” If we can communicate these three sentiments authentically and consistently in every interaction or engagement, the culture shifts, morale improves, and our team thrives.

Inspired People, Inspire People

Culture eats strategy for breakfast. ~Peter Drucker

One the most important and effective resources you have is your team. Inviting your people to participate in brainstorming, problem solving, and decision making where possible creates a collaborative, connected atmosphere and they are much more likely be inspired and inspire others. This creates a culture of:

- 💡 Loyalty
- 💡 Mutual trust
- 💡 Teamwork
- 💡 Commitment
- 💡 Contribution
- 💡 Innovation

Inspired Results

Inspired Leader → Inspired Team → Inspired Culture → Inspired Results

- 💡 Attracting and keeping high performing people
- 💡 A united team
- 💡 Increased sense of well-being
- 💡 Outstanding client experience
- 💡 Improved attendance and better overall health
- 💡 Boosted financial performance

These successes become the building blocks for wonderful early learning programs where children experience exceptional learning opportunities in an environment filled with love, encouragement, and joy!

Resources:

The Inspired Leader, Andy Bird

Chris Harris, Grow and Change, Happiness and Authenticity

<https://www.refuseordinary.com/21-ways-to-live-an-inspired-life/>